

# SNOWBOARD SKILL SHEET



## LEVEL ONE (1) Beginner Area

On Track	Nailed It!	First-Time Snowboarder
[ ]	[ ]	Never snowboarded before
[ ]	[ ]	Requires hand assistance to safely stop



## LEVEL TWO (2) Easy Green Trails (may progress to chair)

On Track	Nailed It!	Novice
[ ]	[ ]	Able to stop safely
[ ]	[ ]	Mobile on toe-side and heel side edges
[ ]	[ ]	Pendulum/falling leaf skills



## LEVEL THREE (3) All Green Trails (SB, Sandy, Rangeley)

On Track	Nailed It!	Comfortable Novice
[ ]	[ ]	Can complete heel side/ toe side turns on gentle green terrain
[ ]	[ ]	Learning to link turns



## LEVEL FOUR (4) All Green/ Easy Blue Trails (SB, Sandy, Rangeley)

On Track	Nailed It!	Intermediate
[ ]	[ ]	Can link turns and control speed on green runs outside of the learning area
[ ]	[ ]	Learning to turn with confidence on all green runs and easier blue runs



## LEVEL FIVE (5) All Blue Trails (Sandy, Rangeley, Kennebago, T-Bar)

On Track	Nailed It!	Advanced
[ ]	[ ]	Can link turns on blue runs
[ ]	[ ]	Learning short turns, carving, off-piste terrain, and powder
[ ]	[ ]	Can do basic freestyle and is interested in learning to ride terrain park



## LEVEL SIX/SEVEN (6/7) All Blue/ Easy Black Trails (Rangeley, Bago, T-Bar)

On Track	Nailed It!	Expert
[ ]	[ ]	Can snowboard in control on black runs and comfortable riding in the terrain park
[ ]	[ ]	Learning steps, trees, drops, off-piste, and improving freestyle skills in terrain park

