

Skier Ability Levels

- Level 1** Never Ever Skied
- Start from the very beginning
- Level 2** Has Skied Before
- Can stop, turn right and left
 - Can ride lift
 - Still gaining confidence and proficiency
- Level 3** Skier is confident in use of wedge (pizza) turns for changing direction and speed control.
- Beginning to match skis into parallel sometimes but inconsistent.
 - Maintains a balanced/athletic body position
 - Ready to ride Rangeley Chair to Green trail(s)
- Level 4** Skier is developing and gaining confidence in the parallel turn.
- May revert to the wedge turn as terrain increases in difficulty.
 - Controls speed via turn size and shape vs a breaking wedge.
 - Ready to explore easy blue square terrain
 - Maintains parallel ski position from one turn to the next on easy green terrain.
 - Use of turn size and shape for speed control
 - Beginning use of poles
- Level 5** Skier is consistently using the parallel turn on all green and easier blue terrain.
- Beginning to become more dynamic and athletic to create edge angles through angulation.
 - Can adapt to changes in terrain and snow conditions by changing tactics.
 - Use of poles is developing for timing and tempo.
 - Use of poles for timing and tempo

- Becoming more dynamic with turns and exploring edge angles from one turn to the next
- Exploring easy bumps
- Developing short and long radius turns and ability to blend them together