



Paddling Trip Equipment List

For each Paddling excursion guests should be prepared to bring the following:

- Weather and activity appropriate clothing (preferably synthetic)
- Swimsuit
- Hat or Visor
- Sunglasses
- Personal prescription such as EpiPen or inhaler
- Sunscreen
- Insect repellent
- Shoes able to get wet
- Water bottle
- Personal snacks

Optional:

- Camera
- Personal PFD or Paddle
- Personal dry bag