



Hiking Trip Equipment List

For each hiking trip guests should be prepared to bring the following:

- Weather and activity appropriate clothing (preferably synthetic)
- Hiking footwear
- Hat or Visor
- Personal prescription such as EpiPen or inhaler
- Sunscreen
- Insect repellent
- Water bottle
- Day pack
- Rain gear
- Insulated layer
- Personal Snacks

Optional:

- Camera