



ARCTARIS SADDLEBACK
P.O. Box 10
Rangeley ME 04970
Anne.rockwell@saddlebackmaine.com
(207) 280-0545

Saddleback Adventures Yoga Instructor Job Description

June 1, 2021

Status:

Part Time Seasonal (minimum of 20 days per season, able to work weekends and holiday weeks)

Temps (Less than 20 days per season)

Pay Rate: Pay Rates are based on years of experience. The process of how to document time will be reviewed at the beginning of each season by the director.

Teaching rates \$20 per hour

Other wage potential or increases include gratuities, or performance evaluation.

Work hours: Saddleback yoga instructors are expected to be ready to lead the daily lesson upwards of 10 guests. The primary responsibility is to enhance the lives of our guests by doing everything in her/his power to lead and facilitate a safe, fun, unforgettable session. Instructors will report to the outdoor programs desk for assignments. Yoga instructors will work closely with the Saddleback Adventures desk attendant to be prepared for lesson logistics, guest service, and weather awareness when practicing outdoors. In depth knowledge of appropriate gear and lesson structure.

Outdoor program members are highly visible as ambassadors of Saddleback. We must always provide outstanding customer service. As professional instructors, we are charged with ensuring that customers are safe and having fun. Safety must take highest priority.

You are a valued member of the Saddleback Staff and vital to our future and continued success. By providing a safe excursion into the Maine Outdoors, you help customers see the beautiful Rangeley Region in an entirely new way. We believe life is better lived outdoors and we strive to share this with our guests and community.

Specifics Requirements

- A passion for yoga and sharing with others.
- Experience with teaching and yoga instruction.
- Recommended to have current CPR for healthcare providers.

Skills and Knowledge

- Leadership and instruction skills
- Strong social and customer service skills
- Use of radios and rescue equipment

Working Conditions

- Work is indoors and outdoors.

Principle Responsibilities of Yoga Instructors:

- Yoga Instructors will adhere to the Arctaris Saddleback Safety Manual and Employee Manual.
- Deliver outstanding customer service as an ambassador of Saddleback.
- Demonstrate enthusiasm for your guests stretching session.
- Be on time for sessions, prepared to instruct. It is especially important that instructors are well rested and available to teach during holidays.
- Learn and know the procedures in the event that there is an injury. Complete all accident reports with witness statements.
- Communicate effectively with guests, staff members and the director.
This includes instructing members of a group where to meet and what to be prepared for.
- Communicate conflict situations to the director.
- Report on the job injuries to the director immediately. Accident reports must be completed within 24 hours.
- Be a team player. Compliment the accomplishments of others.
Respect the Saddleback Outdoor Excursion spaces by picking up personal belongings and by using a quiet voice around the desk where a phone is being used.
- Physical Demands: The physical demands of an guide are; lifting, standing, paddling in all conditions, working in extreme weather for long periods of time.

NOTE: This position comes with physical demands, including, but not limited to demonstrating the various poses and yoga flow, working in an outdoor environment, & changes in schedules. Benefits are conditioned upon a current employment status and will be revoked should employment end for any reason.